

WELLNESS & SPA



LEADING FAMILY
HOTELS & RESORT
LÖWE & BÄR





MARIA GALLAND
PARIS

Maria Galland

Experience your tailor-made pampering beauty with Maria Galland Paris. Highly varied treatments for your face precisely cater for your wishes and the needs of your skin, leaving a wonderful feeling of total relaxation, perfect comfort and absolute well-being.

Please choose your perfect facial treatment:

50 minutes

.....

Quick Facial

For every mum who expects quick results. The treatment is based on your skin type.

.....

Thalasso Facial

Ideal for anyone who wants to stock up on pure well-being: the power course of treatment from the sea. Micro algae boost the metabolism and repair stressed skin.

.....

80 minutes

.....

Profilift Treatment

„Lifting“ effect, deep action and relaxation – the firming Profilift Treatment ensures immediately visible and tangible results. The facial contours are newly defined and the texture of the skin is rejuvenated and toned.

.....

Cocoon Mask Treatment

A face mask and a wonderfully soft foam mask – which envelops the face like a cocoon – supplying the skin with highly concentrated active ingredients, giving it renewed energy and resilience and leaving it glowing with health and vitality.

.....

Modelling Mask Treatment

The classic, long-proven treatment based on a deep-acting, self-warming mineral mask. It not only offers a spectacular lifting effect but treats the highly diverse problems of each individual area of the skin.

.....





MARIA GALLAND
PARIS

● Mille
by Maria Galland

MILLE - The exclusive anti-aging care range from Maria Galland. It has six answers to the symptoms of skin aging: lifting, firming, regeneration, revitalization, moisture and reduction of wrinkles.

80 minutes of pure wellness

.....

Mille Lumière

It makes for optimum radiance and has an immediate anti-aging effect. Two masks, a pleasant massage and the most superior products contribute significantly to reducing wrinkles and regenerating and firming the skin.

.....

Thalasso Mille Hydratant

In this Thalasso facial you will experience a unique hydrating cure. Along with its balancing and cooling mask this treatment will leave a pure and luxuries feeling on the skin.

.....

.....

Mille Modelling Mask
Treatment

A very exclusive and long-proven treatment based on a deep-acting, self-warming mineral mask will lift your skin. It offers this spectacular lifting effect through exclusive Mille products including the TOP.C – Komplex.

.....

Où, c'est moi.

● Additional treatments

.....
Eyebrows plucking / shaping
.....

Eyebrows - colouring
.....

Eyelashes - colouring
.....

Depilation upper lip
.....

Depilation chin
.....

.....
Eyebrows plucking / shaping,
Eyelashes and eyebrows -
colouring 25 min.
.....

Ear candle treatment 25 min.

This ear treatment was originally invented by the American Hopi Indian tribes. It is a highly effective, yet simple and versatile warmth and pressure equalizing ear treatment used to treat a variety of conditions. The soft eardrum massage and purifying effects of a Hopi ear candle treatment are a good remedy against headache, earache and equilibrium problems. The final result will be a lovely sense of inner balance and well-being.

● Depilation

.....
Full leg 50 min.
.....

Lower leg 25 min.
.....

Back or Chest 25 min.
.....

Armpits or Bikini line 25 min.
.....



Well being-packages

Mama Mia*

Medical Pedicure with polish	50 min.
Ear candle treatment	25 min.
Manicure de luxe with polish	50 min.

Mama Relax*

Quick Facial treatment	50 min.
Medical Pedicure without polish	50 min.

* this packages are highly recommended for mummies to be.

Beauty package for mothers

Alpine herbs peeling and Rose bud cream pack	75 min.
Combination massage	50 min.
Thalasso Mille Hydratant	80 min.

Healthy spine package

Moor pack	50 min.
Partial body massage	25 min.
Partial body massage	25 min.

Beautiful feet package

Foot reflex zones massage	25 min.
Medical Pedicure without polish	50 min.

Asian dream package

only at Hotel Bär

Full body peeling	50 min.
Pantai Luar Partial body	50 min.





Soft Pack Lounge - The ultimate weightless relax

This is the relaxation treatment par excellence. All the muscles of your body, your spine and your entire supporting apparatus will float weightlessly at 37° C to 39° C in a thin membrane which adjusts to the shape of the body inside a special tub. The freshly prepared packs will be absorbed 10 times better than in customary tubs.

.....

Evening primrose oil cream pack 25 min.

Intensive care for extremely dry skin. Highly moisturizing and lipid replenishing.

.....

Goat butter cream pack 25 min.

Highly recommended for extremely dry, sensitive and irritated skin. Perfectly suited for people suffering from neurodermatitis and psoriasis. This pack is extremely skin kind, nourishing and it has a rebalancing effect on your skin.

.....

Rose bud cream pack 25 min.

The sensuous scent of roses for a silky and tender care.

.....

Moor pack 50 min.

This is an extremely effective warmth therapy pack, highly recommended for rheumatic complaints. It will stimulate your metabolism and blood circulation, loosening your muscles and dissolving possible muscle cramps.

.....

.....

Algae – detoxification pack 50 min.

Pure algae from the depths of the sea tighten and firm your tissues. They have a detoxifying effect and act positively on the metabolism of your skin.

.....

Peelings

.....

Sea salt peeling 50 min.

Like a short getaway to the seaside! Slip into a brand new skin and feel the prickly sensation of this peeling.

.....

Alpine herbs peeling 50 min.

A purifying, detoxifying, cleansing treatment, which removes skin scales in a very gentle way. The lovely scent of this peeling creates a cosy and relaxing atmosphere.

.....

● Wraps

.....

Orange Blossom wrap 50 min.

The pleasant scent and active substances of this orange blossom pack enhance circulation, help to burn off fat and act against cellulites.

.....

Ice wrap 50 min.

The ideal treatment to reduce vein problems and spider veins. Intense cooling and decongesting effect.

.....

Body Wrapping 50 min.

Highly concentrated ingredients penetrate deep into your tissue fighting against cellulite and smoothing your skin.

.....





For children & teens up to 15 years

Facial treatments

Derma Clean Facial 50 min.

Soin Dermatologique Impuretés products will bring the production of sebum back into balance, cleansing the skin of micro-particles and deposits to minimize the chances of inflammation and spots forming.

Derma Soft Facial 50 min.

Soin Dermatologique Sécheresse helps to solve the problem of very dry skin and symptoms of psoriasis and atopic dermatitis with rich, hydrating lipid containing products.

Soft Pack Lounge treatments

Evening primrose oil pack

for dry skin 25 min.

Goat butter cream pack

for neurodermitis 25 min.

Special treatments

Ear candle treatment 25 min.

This ear treatment was originally invented by the American Hopi Indian tribes. It is a highly effective, yet simple and versatile warmth and pressure equalizing ear treatment used to treat a variety of conditions. The soft eardrum massage and purifying effects of a Hopi ear candle treatment are a good remedy against headache, earache and equilibrium problems.

Massagen

Partial body massage 25 min.

Full body massage 50 min.

Manicure

Manicure

with special polish and rhinestones 25 min.

Well being-packages

Girls

Partial body massage 25 min.

Manicure with special polish
and rhinestones 25 min.

Boys

Partial body massage 25 min.

Evening primrose oil pack 25 min.

Teenies

Partial body massage 25 min.

Derma Soft or Derma Clean Facial 50 min.





● For Men Only

Nowadays, not only women want to look fresh and attractive... but great looks need special care! Daily shaves, stress, environmental influences and natural aging processes take their toll on men's skin. Reaching quickly into your wife's cream pot cannot be the right answer because men's skin is 25% thicker than a woman's and tends to produce more sebum. Dehydrated, tired and sensitive male skin definitely requires its own kind of care.

Facial treatments

.....

Homme Galland Fraîcheur Hydratant 50 min.

A high-performance active ingredient R.T. Arctic protects the skin against stress and negative environmental factors, while intensely moisturizing and reducing wrinkles. A beneficial massage allows you to completely escape everyday stress.

.....

Homme Galland Thalasso 80 min.

This facial invigorates men's skin and gives it a pure burst of freshness. The skin feels as good as new – smooth, attractive and comfortable.

.....

.....

Medical Pedicure 50 min.

Relaxing herbal footbath, removal of calluses, cuticle correction, treatment of ingrown toenails and corns, foot cream.

.....

Quick Manicure 25 min.

Nail bath, cuticle correction, nail care, hand cream.

.....

The ultimate pampering package for men

Full body massage 50 min.
Medical Pedicure 50 min.
Homme Galland Fraîcheur Hydratant 50 min.

.....

● Beautiful hands and nails

Manicure de luxe

Nail forming, nail peeling, nail bath, cuticle correction, nail sealing, nail care, hand cream.

without polish 50 min.

with polish 50 min.

French manicure 50 min.

with gelcolor by OPI 90 min.

Try one of the trendy gelcolors by OPI. Gelcolor by OPI goes on like polish. The result is a smoothed nail surface which is less susceptible to bumps and stress. Your nails will look natural, well-cared for and neat for several weeks.

with French gel by OPI 90 min.

The key feature of a French manicure is the application of the white nail polish, which is painted in a thin line to the very top of the nail. The result is a smoothed nail surface which is less susceptible to bumps and stress. Your nails will look natural, well-cared for and neat for several weeks.

Removal of gelcolor by OPI 20 min.





Everything for your feet

Medical Pedicure

Relaxing herbal footbath, removal of calluses, cuticle correction, treatment of ingrown toenails and corns, foot cream.

without polish 50 min.

with polish 50 min.

French pedicure 50 min.

with gelcolor by OPI 90 min.

Try one of the trendy gelcolors by OPI. Gelcolor by OPI goes on like polish. The result is a smoothed nail surface which is less susceptible to bumps and stress. Your feet will look natural, well-cared for and neat for several weeks.

Removal of
gelcolor by OPI 20 min.



● Massagen

.....

Partial body massage 25 min.

Either as neck, foot/leg, hand/arm or back massage.

.....

Full body massage 50 min.

Classic body massage for renewed vitality and a wonderful sense of well-being.

.....

Special massage 80 min.

Sport or relaxation massage.

.....

Foot reflex zones massage 25 / 50 min.

Stimulates circulation and encourages gentle relaxation, simultaneously activating the body's self-healing powers.

.....

.....

Lymph drainage - face 25 min.

This decongesting and skin-tightening treatment has a highly relaxing effect and makes your skin shine in new splendour.

.....

Lymph drainage - full body 80 min.

A relaxing treatment with diuretic and purifying effects which also strengthens the immune system.

.....

Combination massage 50 min.

Mix of a back massage and foot reflex zones massage.

.....



Pantai Luar

only in the Hotel Bär

PANTAI LUAR™ is a very special and quite ancient East Asian treatment. It is considered the most effective method of influencing energy spots and channels in the body, the so-called meridians. The entire body is treated with special fruit-and-herb-stamps and hot plant oil (140°C). PANTAI LUAR™ can be booked as “first experience treatment” (body back side only), as well.

The application

Two fruit/herb stamps are heated in plant extract oil to a temperature of max. 140° C. With these pre-heated stamps, quick and short tactile pressings are undertaken. These simulate a burn process, which of course does not take place. Subsequently, rapid, flowing movements stroke the entire body. It is a wonderful feeling, the warmth flows as a wave throughout the body, preparing it for an intensive deep warmth treatment. Then rotating and rolling applications are performed with the fruit/herb stamps in accord with pre-determined treatment processes. Due to the preheating of the stamps within hot oil, appointments can be booked only from 2:00 pm.

Whole body

80 min.

Partial body

50 min.







Löwe & Bär Hotels, A-6534 Serfaus, Tirol
Hotline +43-5476-6058, Fax +43-5476-605828
E-mail: info@loewebaer.com - www.loewebaer.com



Member of

Tiroler *Wellness* Hotels