

WELLNESS & SPA



LEADING FAMILY
HOTELS & RESORT

LÖWE & BÄR



Our Selection of Spa Treatments

The children have taken off... with their games, shows and fun... that's the time to spoil yourself a bit, to do something really luxurious: lie back and enjoy a feel-good massage, a relaxing bath or a revitalizing cosmetic treatment. Or unwind in the new, unparalleled "Löwen Spa" or in the highly popular "Bären Spa". At the Löwe & Bär, you have lots of opportunities for anything your heart desires.

Regardless where you're staying, whether in the "Löwe" or the "Bär" - in both hotels, our top-trained spa team is available for your needs.

Reserve your spa treatments at the beginning of your stay, or, better still, before you arrive per e-mail (info@loewebaer.com). That way, you're assured of your own preferred appointments.

At the Bären Spa or in the Löwen Beauty Vital Club, we offer cosmetic treatments with products by Maria Galand und Cellcosmet, massages and baths in a "softpac lounge." Our packages make it possible for you to custom design your own all-round selection of treatments.

Best regards, the Löwe & Bär Spa Team



Beauty & Cosmetics

cellcosmet cellmen Switzerland The Science of Staying Young

This medically based cell revitalisation comes from Switzerland and is now used all over the world. Unlike customary cell cosmetics, Cellcosmet works with high performance bio-integrated cells which profoundly improve skin health. In this process, particular heed is paid to your own biological skin age and your hormonal identity. All products are hypo-allergen.

More than care... genuine well being

Revival Treatment

€ 135,-

Treatment with immediate effects. Through specially applied bandage techniques and exclusive ampoules, dry-skin wrinkles are enormously reduced. (Deep cleansing, 2-phase peeling, vapozone, cleaning up, shaping, activating skin functions, vita-cell ampoules, massage, exclusive lifting mask, eye care, day care)

Collagen Booster

80 min. € 125,-

For low-moisture skin as a tautening, intense treatment for face, neck and décolleté (deep cleansing, 2-phase peeling, vapozone, cleaning up, shaping, activating skin functions, elasto-collagen ampoule, massage, skin smoothing fleece mask, eye care, day care)

Anti-Stress

80 min. € 115,-

Moisturizing Treatment

Rebalancing, revitalizing treatment that will give your skin its equilibrium again and at the same time supply it with moisture... (deep cleansing, 2-phase peeling, vapozone, cleaning up, shaping, activating skin functions, elasto-collagen ampoule, massage, anti-stress mask, eye care, day care)

For Men Only

Looking great is no longer the domain of women alone. Your daily shave, stress, environmental influences and natural aging processes take their toll on men's skin, too, making it tired and sensitive. Yet a dab of creme borrowed from your wife is not sufficient. Male skin requires its own kind of care, it being 25% thicker than a woman's, and tending to produce more sebum.

Cellmen-Facial-Treatment 80 min. €105,-

by Cellmen – the exclusive cellular care

Special products custom-tuned to men supply the skin with intensive moisturizing, reduce wrinkles and act preventively against early skin aging. (cleansing, 2-phase peeling, vapozone, full-cleanse, activating skin functions, ampoule, massage, mask, day care)



Maria Galland

You're looking for high-performance skin care without much time and trouble? Then this French cosmetics firm is just the right thing for you.

Classic
Facial Treatment 90 min. € 89,-

The energy kick for tired, worn out skin. Through this treatment, your skin regains much of its former vitality and radiates gleamingly anew. (Deep cleansing, eyebrow correction, 2-phase peeling, vapozone, re-cleansing, serum, massage, mask, eye day care)

Thalasso-Visage 90 min. € 97,-

The pleasantly cool power mask with sea algae together lend your skin an extra portion of moisture. (Deep cleansing, eyebrow correction, 2-phase peeling, vapozone, re-cleansing, special serum, massage, Thalasso special mask, eye day care)

Therapy Cocoon 90 min. € 95,-

Wrapped in a cocoon of gauze and foam places you in the heart of a perfect anti-stress treatment. (Deep cleansing, eyebrow correction, 2-phase peeling, vapozone, foam with gauze, eye day care)

Eye Modelling 25 min. € 30,-

Vitalizing and cooling algae mask as the optimum anti-wrinkle treatment (removal of make-up, retinol treatment, eye mask).

Additional treatments

during another application

Eyelashes - colouring	€ 10,-
Eyebrows - colourin	€ 10,-
Eyebrows - shaping	€ 10,-

as a separate treatment

only bookable as a couple Eyelashes and eyebrows - coloring	25 min. € 25,-
Eyelashes (colouring) & eyebrows (shaping)	€ 25,-

Depilation

Whole leg	50 min. € 49,-
Leg to the knee	25 min. € 33,-
Bikini zone	20 min. € 28,-
Back	25 min. € 33,-
Underarms	20 min. € 15,-
Upper lip	€ 8,-
Chin	€ 8,-
Ear candle treatment	25 min. € 28,-

Ear candle treatments originated in the Hopi Indian tribes of America. They are a highly effective, yet simple and multi-faceted warmth treatment to equalize pressures. They are often used for headaches and earaches, as well as equilibrium disturbances. You feel the gentle crackle of the ear candle flame like a soft eardrum massage. It brings about a sense of inner equilibrium and well being.

Everything for your feet

Medical Pedicure 50 min.

Relaxing herbal footbath, removal of calluses, cuticle correction, treatment of ingrown toenails and corns, footcreme

without polish € 51,-

with polish € 54,-

with French manicure € 59,-

Medical Pedicüre 80 min. € 83,-
with permanent French gel

Just as for the French manicure, the nail tips are toned in this pedicure with permanent French natural white. The result: the surface of the nail is smoothed, is less susceptible to bumps and stress and looks great up to 6 weeks long.

Treatment for raw feet 25 min. € 32,-

Foot peeling, self-warming intensive care mask for the feet (through lava stone), footcreme



Alessandro International

For more than 15 years, Alessandro International has been a synonym for perfect hand and nail care of the highest quality and innovativeness. Prized and prestigious beauty awards confirm it over and over: this is the leading international specialist for beautiful hands and well cared for feet at the topmost level.

Manicure Deluxe

50 min.

Forming your nails, nail peeling, nail bath, cuticle correction, sealing the nails, nail care, handcreme

without polish € 49,-

with polish € 52,-

French € 55,-

Quick Manicure

25 min. € 30,-

Forming the nails, nail bath, cuticle correction, nail care, handcreme. Possible only without polish.

Intensive Hand- & Nail Care

50 min. € 59,-

A superb intensive hand care for dry and worn skin. It supplies your hands with moisture and lends them a silky smooth feeling. Hand peeling, nutritive hand bath, hyalurone concentrate or Aloe Vera serum, nail oil, hand pack, hand massage, nail hardener

Treatment for raw hands

25 min. € 33,-

Peeling, self-warming skin care mask, hand cream, fingernail oil, nail hardener.



For children & teens

Evening primrose oil pack
for dry skin 20 min. € 21,-

Goat butter cream pack
for neurodermitis 20 min. € 23,-

Derma-Clean-program
for impure skin 50 min. € 49,-

Derma-Soft programm
for dry skin 50 min. € 49,-

Hopi-ear candle
treatment 20 min. € 26,-

Short manicure

with special polish and
strass pebbles 25 min. € 26,-

Partial massage 20 min. € 31,-

Full massage 50 min. € 62,-

Pantai Luar only at Hotel Bären

PANTAI LUAR™ is an historic East Asian application treatment. It is considered the most advanced method of influencing energy spots and channels in the body, the so-called meridians. The entire body is treated with special fruit/herb stamps and a 140° C hot plant extract oil. As an introductory package, to enable you to get to know it, PANTAI LUAR™ is also available as a partial application (body posterior only).

The application

Two fruit/herb stamps are heated in plant extract oil to a temperature of max. 140° C. With these pre-heated stamps, quick and short tactile pressings are undertaken. These simulate a burn process, which of course does not take place. Subsequently, rapid, flowing movements stroke the entire body. It is a wonderful feeling, for the warmth now flows as a wave throughout the body, preparing it for an intensive deep warmth treatment. Then rotating and rolling applications are performed with the fruit/herb stamps in accord with pre-determined treatment processes.

Benefits

Through the simulated burn process, a self-repair mechanism is activated via the thermo-receptors in the skin which sets a process afoot to replace cells which are perceived to have been burned. Thereby, an

overall cell revitalisation and cell regeneration is carried out. Combined with powerful stimulation to body metabolism and blood circulation, these processes lead to ongoing release of body toxins from the tissues. The release of fruit acids from the stamps relaxes and detaches skin scales and dead skin cells.

Thereby the skin becomes immediately readier to absorb the plant extract oil, fruit/herb extracts and spices in the stamp. Connecting tissues are made firmer and the skin is given extraordinary care with rich and valuable substances.

Through the special combination of

- highly valuable oils
- quality ingredients of the fruit/herb stamp (limes, coconut, herbs, spices)
- the warmth of the stamp
- the specific motions of the massage process and
- the exotic scent

PANTAI LUAR™ succeeds in triggering the self-repair mechanism, accompanied by deep relaxation and a sense of well being

Special properties of oils, fruits and herbs

In a time-consuming nidation process using spices as a dissolving medium, a special oil is produced, for which even the time when the herbs and spices are added plays an important part. The result is an oil whose warm and silken, somewhat exotic sandalwood scent fill the room during the entire treatment. We use especially carefully produced fruit/herb stamps which, after hydrogenation and a specific refining process in hot oil, release their soluble active ingredients into the skin.

Whole body 80 min. € 99,-

Partial body 50 min. € 70,-

Kinesiology only at Hotel Löwen

Meridian treatment, diagnosis
of personal energy base 50 min. € 66,-

Also suitable for children with learning difficulties



Massage

A close-up photograph of a woman lying on her back, eyes closed, receiving a massage on her forehead. Her hands are gently resting on her forehead. She has long, dark hair and is wearing a light-colored towel. The background is softly blurred, suggesting an indoor setting with natural light.

Partial massage 25 min. € 34,-

Either as neck, foot-leg, hand-arm or spinal massage

Full massage 50 min. € 68,-

Classic body massage for renewed energy and well being

Special massage 80 min. € 87,-

Massage freely selectable as a sport or relaxation massage

Foot reflex zones massage 25 min. € 34,-

50 min. € 68,-

Stimulating massage of the reflex points on the soles of the feet.
Activates the body's self-healing powers

Lymph drainage - face 25 min. € 38,-

The purifying, skin-tightening treatment has a highly relaxing effect and makes your skin radiate anew.

Lymph drainage - whole body 80 min. € 98,-

A relaxing treatment with diuretic and purifying effect which also strengthens the immune system

Combination massage 50 min. € 68,-

A mixture of spinal and foot reflex zones massage



Relaxing, weightless in a softpack lounge

Reclined and gently rocking in the floating tub at 37° C to 39° C. All your muscles, your spine and the entire supportive body structure are relieved and relaxed in the gentlest of ways. The freshly prepared packs can be absorbed far better than in customary tub baths. .

Evening primrose oil
Cremepacks

25 min. € 36,-

Intensive care with the power of evening primrose for extremely dry skin. Replenishes the oils the skin loses, moisturizes intensively.

Cleopatra - creme pack 25 min. € 36,-

A relaxing experience and a beneficial service to your skin. It quiets and revitalises both body and soul. Ideal care treatment.

Goat butter -
creme pack

25 min. € 41,-

Highly recommended for extremely dry, sensitive and irritated skin. Perfectly suited for neurodermitis and psoriasis sufferers. This pack replenishes skin oils, quiets and rebalances the skin harmony.

Rose bud -
creme pack

25 min. € 36,-

Feel the effect and the sensuous scents of roses, they stimulate the senses and provide your skin with silky, tender care

Moor pack 50 min. € 55,-

This is an extremely effective warmth therapy, highly recommended for rheumatic complaints. This application stimulates the metabolism, blood circulation, loosens the muscles and dissolves muscle cramps..

Algae - detoxification
pack

50 min. € 55,-

Pure algae from the depths of the sea tightens and firms your tissues. It detoxifies and returns your skin to a newfound harmony..

Peelings in the softpack lounge

Red wine pomace peeling 50 min. € 46,-

The fruit acid treatment dissolves dead skin cells, bringing a brand new freshness and tenderness to your skin.

Sea salt peeling 50 min. € 46,-

A smooth getaway to the seaside. Slip into a brand new skin, feel the prickly powers of peelin

Alpine herbs peeling 50 min. € 46,-

With this treatment, your skin is purified, detoxified, cleansed and freed of skin scales in the gentlest fashion. The marvellous scent spreads a feeling of well being all over.

Wraps

Orange Blossom Pack 50 min. € 54,-

These orange blossom packs stimulate through their pleasant aroma and enhance circulation, help to burn off fat and act against cellulites.

Ice Pack 50 min. € 54,-

Useful for vein problems and spider veins. The ice pack has intense cooling and decongesting effects.

Algae wrap 50 min. € 54,-

This pack is especially helpful for treating flaccid, flabby tissue. It regenerates and tautens the tissue.

Body-Wrapping 50 min. € 54,-

Highly concentrated ingredients penetrate deep into the skin and effect a tautening of the tissues and reduction of cellulites.



Well being-packages

Beauty package for mothers € 238,-

Alpine herb peeling and rosebud creme pack	80 min.
Combination massage	50 min.
Anti-stress moisturizing treatment with Cellcosmet	80 min.

A healthy spine € 110,-

1 Moorpack and 2 spinal massages	80 min.
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Purifying package € 132,-

Algae pack in the softpack lounge	50 min.
Facial lymph drainage	25 min.
Algae pack	50 min.

Beautiful feet € 76,-

Foot reflex zones massage	25 min.
Medical pedicure without polish	50 min.



Anti-Stress package for fathers € 199,-

Cellmen Facial Treatment	80 min.
Full massage	50 min.
Medical pedicure	50 min.

Beautiful hands € 56,-

Quick manicure	25 min.
Thermosoft Skin Care Mask	25 min.

Asian Dream € 130,-

Full body peeling	50 min.
Full body Pantai Luar	50 min.

In Winter: Surcharge € 3,- after 4:00 pm
for all applications

Cancellation terms: reservations can be cancelled without cost up to 24 hours before they are scheduled. For same-day cancellations, 80% of the costs are invoiced if the appointment cannot be given to someone else.



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These prices are valid as of 15. 5. 2011.
All previous prices thereby lose their validity.
Subject to modifications.